

Touch Therapy

at Castle Leslie Estate





TOUCH THERAPY IS A THOUGHTFUL and innovative series of nurturing spa treatments for anyone who has undergone or is undergoing cancer treatment.

Ж

We are proud to announce we are offering these treatments in The Victorian Treatment Rooms which is offered by our highly qualified and knowledgeable therapist. We use a specialised skin care range which has been designed to soothe and benefit the skin comprised by chemotherapy and radiation.

Treatments

The Chemo Comfort is suitable for clients going through chemotherapy suffering from side effects including dry skin, hand and foot syndrome stress or fatigue. Lindi skin products are used throughout the treatment to cleanse, sooth and hydrate the skin. A light massage is included in this treatment to alleviate any muscle aches or soreness. The Radiation Relief is a gentle therapy using hydro gels with healing Aloe Vera and soothing balm containing antiinflammatory properties. Included in this treatment is a facial using the Lindi products and a light massage when required, to alleviate any muscle aches or soreness using appropriate positioning.

€110

Duration 60 minutes

Manuka Honey Face and Scalp Treatment which is suitable for clients experiencing hair loss and dry skin. This relaxing treatment includes the application of warm UMF Manuka Honey to the face and scalp and left to penetrate the skin during which time a light hand and arm massage is given to the client. UMF Manuka Honey has antibacterial, anti-inflammatory and antioxidant properties which can promote hair growth and reduce irritation.

Lindi Signature Facial helps to alleviate the symptoms of dry, flaky, sensitive skin. Lindi products are used to cleanse, soothe, lightly massage and rehydrate the skin to create visible results. We offer a hand and foot treatment to soothe and hydrate the skin.

€110

Duration 45 minutes

Duration 60 minutes

Duration 45 minutes



"I felt I could talk openly about my journey and experience since being diagnosed. The products were amazing and the home care advice was encouraging. I felt totally relaxed and engaged in every movement that was performed on my body."

> ANONYMOUS CLIENT – of – The Victorian Treatment Rooms

Castle Leslie Estate, Glaslough, Monaghan, Ireland t +353 47 88 100 www.castleleslie.com